

Tidings from Tanzania



May 20, 2012

Dear friends,



As we continue the journey toward health for Holly and Andrew, we've had the opportunity to meet with several dear friends here in America, with the plan to meet with many more of you. Frankly, we've been "blown away" by the **love, support, generosity and grace** shown to us by so many. We sense the care and love as people are praying fervently, checking in to hear the latest updates, offering gracious gestures of assistance, and walking with us in tangible ways. Even many of the African pastors with whom we work are emailing us, encouraging us and praying fervently for our return. **This is the body of Christ in action**, and we are so very blessed and thankful.

This reminds me of Paul's words in Romans 12:5 where he writes, *"in Christ we who are many form one body, and each member belongs to all the others."* God has called each of us to different roles, but we all work together with a common purpose for the glory of the One who is our Head, Christ Jesus (Eph.5:23).

I hope you are close enough in relationships with other believers to sense this "body life." Africans have taught me so much about the value and importance of relationships. When the extra "stuff" of this life is removed (which oftentimes is just a distraction), then we see clearly that only God, His Word and people really last.



Health updates

By God's grace, both **Holly and Andrew are making improvements**, and although there are still the occasional rough days, Holly is sleeping better most nights, and her energy level is slowly increasing. Her recent visit to the UCLA adrenal and endocrinology expert was not as productive as we had hoped, so we are pursuing more natural and holistic treatments (vitamins, minerals and supplements) which agree MUCH better with her body. Increased rest and low stimulus as well as cleansing her body of the toxins she had absorbed in Dar all seem to be working wonders for her.

At the same time, we are so very aware that the **faithful prayers of the saints** are powerful and effective, and are the impetus behind all the healing we are experiencing. **THANK YOU** for continuing to engage in your important role of intercession with our gracious Father!

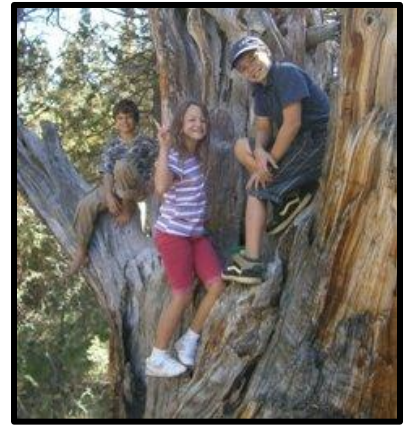
For an update of **Andrew's health** issues, you can visit our website to view a recent blog entry. But the short version is that the recent procedure showed he had no MAJOR problems in his GI tract, but he has two areas of "active irritation" in his upper intestines and lower esophagus. These are probably resulting from food allergies following parasites, and also from stress and acid reflux. We are trying to isolate the food allergies and heal up the areas of irritation, so please **continue to pray** for merciful healing from the Lord.

The Future

Once again, we thank you so very much for your continuing partnership with us. We do look forward to **spending time with you** if at all possible in the days and weeks to come.

Our plans for the near future are:

- Eagle Rock Baptist Church (Los Angeles) - May 22-29
- Riverview Church (San Diego) - May 30-June 4
- Cornerstone Church (Prescott, AZ) - June 8-21
- Seattle and surrounding areas - July



You are most welcome to call, email, text or find another way to check in with us and set up a time to get together. My cell is **630.313.0132**, and I would LOVE to hear ways **I can pray for you**.

We love you and **give thanks to God for you**.

Pressing on by God's grace,

The Belz Family
Eric, Holly, Adam, Andrew, Alyssa

